

75 LEIGHTON AVENUE
RED BANK, NJ 07701

ORDER ONLINE @kitchorganic.com

SCAN TO



TIP

ORGANIC MENU

LUNCH

100% GLUTEN + WHEAT + DAIRY FREE

LUNCH M-TH 11AM - 3:30PM F-ST 11AM - 5PM

V VEGAN

SALADS **V**

ADD +add roasted chicken 6 +add turkey 6 +add quinoa 3 +add hummus 3

- RETRO K.O. SIGNATURE** finely cut kale from our garden, dried cranberries & coconut w/ our avocado-lemon vinaigrette...**12.5**
- BEET IT** market greens w/ diced cucumber, roasted cashews & coconut tossed in our lemon vinaigrette atop roasted beets...**12.5**
- VEGAN CAESAR** finely cut kale tossed w/ homemade focaccia croutons & K.O.'s caesar dressing...**12**

TOASTS **V**two per serving

served on our homemade "everything seeded," bread

- K.O.'S SMASHED AVOCADO TOAST** smashed avocado, freshly shaved radish, pickled red onion, cilantro & a lime...**12.5**
- DIABLO-CADO** smashed avocado, charred shishito peppers & a fresno pepper crema finished w/ pink himalayan sea salt...**13**
- AVO-BEET TOAST** smashed avocado toast topped w/ pickled beets, cashew goat cheez, toasted pepitas & micro greens...**13.5**

BOWLS

ADD + roasted chicken 6 + grass-fed steak 9 + turkey 6 + quinoa 3 +add tofu 3

- GARDEN PESTO ZOODLE BOWL** zucchini noodles tossed in our garden pesto mixed w/ tomatoes, served w/ a side of focaccia for dipping...**14** +add protein
- TURKEY MEATBALLS** served w/ roasted spaghetti squash tossed in our garden pesto & marinara sauce served w/ our homemade focaccia bread for dipping...**17**
- CAULI-LOVE BOWL** cauliflower fried rice made w/ seasonal vegetables & Kung KO Asian sauce...**15.5** +add protein
- THE EXPLORER** coconut quinoa, diced cucumbers, red cabbage, fresh herbs, chicken satay...**17**

NAAN (TACOS).....two per serving

**served on our homemade Naan Taco Shells*

- MEDSHROOM** roasted mediterranean seasoned mushrooms, sautéed market greens, K.O. classic hummus, pickled red onion w/ a side of hot sauce & cashew cream tzatziki...**16.5** **ADD** one more taco +8
- CHIMICHURRI** choice of grass fed steak, roasted chicken, mushrooms **OR** tofu sautéed in our chimichurri sauce topped w/ pickled red onion, avocado, red pepper & scallions....**19.5** **ADD** one more taco +8
- FIESTA** chili rubbed grass-fed steak sautéed w/ shishito peppers & red onion served w/ a roasted garlic spread & a red peppers crema....**19.5** **SUB** med mushrooms to make **V** **ADD** one more taco +8
- NAAN MI** chicken satay, red pepper crema, pickled carrots, cucumber, radish, fresh herbs & lime...**18.5**

K.O. SANDWICHES

TURKEY CLUB our house roasted turkey breast paired w/ uncured heritage bacon, avocado, strawberry mayo & lettuce served on our Everything Seeded Bread w/ choice of salad or wedges...**18** +**SUB** turkey bacon +2

THE REAL K.O. our herb roasted chicken breast, nitrate free heritage bacon, avocado, red cabbage & KOs ranch dressing on our everything seeded bread...**15.5**

HONEY MUSTARD TURKEY SANDWICH house roasted & sliced turkey breast, KITCH honey mustard dijonaise, lettuce, tomato, pickled red onion, choice of bread...**16**
+ add turkey bacon 6 +add bacon 5

FARMERS MKT fresh veggies & K.O. classic hummus served on our homemade focaccia bread...**13.5**

CHICKEN PESTO herb roasted chicken breast tossed in KO pesto (contains walnuts), roasted red peppers, sun dried tomato aioli served on our focaccia...**18.5**

BISON BURGER ground bison folded w/ caramelized onions served w/ a radish cashew cream, lettuce & tomato on our KITCH Pita. w/ pickles & a choice of sweet potato or russet wedges....**21.5**

BLACKENED CHICKEN blackened chicken breast served w/ a key lime aioli, bread & butter pickles & salad greens w/ your choice of side. served on our KITCH pita....**19.5**

BLACKENED LIONS MANE blackened lions mane mushroom "steak"(two river mushroom co.) w/ a key lime aioli, bread & butter pickles & salad greens. Served on our KITCH pita w/ your choice of side....**17.5**

WHITE BEAN BURGER served on our KITCH pita w/ a vegan aioli, spicy cucumber salad w/ your choice of side...**16.5**

TOFU PESTO sliced extra firm pressed tofu w/ KO pesto (contains walnuts), roasted red peppers, sun dried tomato aioli served on our focaccia...**16.5**

Some of our foods may contain tree nuts. Please let us know if you have allergies or sensitivities to any of our ingredients.



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WIFI PASSWORD: KitchOrg777
ALL PRICES & MENU ITEMS ARE SUBJECT TO CHANGE