

75 LEIGHTON AVENUE  
RED BANK, NJ 07701

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SCAN TO



TIP

# ORGANIC MENU

## LUNCH

100% GLUTEN + WHEAT + DAIRY FREE

**LUNCH** M-TH 11AM - 3:30PM F-ST 11AM - 5PM

**V VEGAN**

### SALADS **V**

**ADD** +add roasted chicken 6 +add turkey 6 +add quinoa 3 +add hummus 3.5

**RETRO K.O. SIGNATURE** finely cut kale from our garden, dried cranberries & coconut w/ our avocado-lemon vinaigrette...**13.5**

**BEET IT** market greens topped w/ roasted beets, cucumber, roasted cashews & coconut tossed in our lemon vinaigrette...**13.5**

**VEGAN CAESAR** finely cut kale tossed w/ homemade focaccia croutons & K.O.'s caesar dressing...**13**

### TOASTS **V** .....two per serving

*\*served on our homemade "everything seeded," bread\**

**K.O.'S SMASHED AVOCADO TOAST** smashed avocado, freshly shaved radish, pickled red onion, cilantro & a lime...**13**

**DIABLO-CADO** smashed avocado, charred shishito peppers & a fresno pepper crema finished w/ sea salt...**13.5**

**AVO-BEET TOAST** smashed avocado toast topped w/ pickled beets, cashew goat cheez, toasted pepitas & micro greens...**14**

### BOWLS

**ADD** + roasted chicken 6 + grass-fed steak 9 + turkey 6 + quinoa 3 +add tofu 4

**V GARDEN PESTO ZOODLE BOWL** zucchini noodles tossed in our garden pesto mixed w/ tomatoes, served w/ a side of focaccia for dipping...**14** +add protein

**TURKEY MEATBALLS** served w/ roasted spaghetti squash tossed in our garden pesto & marinara sauce served w/ our homemade focaccia bread for dipping...**17**

**V CAULI-LOVE BOWL** cauliflower fried rice made w/ seasonal vegetables & Kung KO Asian sauce...**16** +add protein

**THE EXPLORER** coconut quinoa, diced cucumbers, red cabbage, fresh herbs, chicken satay...**17.5**

### NAAN (TACOS).....two per serving

*\*served on our homemade Naan Taco Shells*

**V MEDSHROOM** roasted mediterranean seasoned mushrooms, sautéed market greens, K.O. classic hummus, pickled red onion w/ a side of hot sauce & cashew cream tzatziki...**17** **ADD** one more taco +8

**CHIMICHURRI** choice of grass fed steak, roasted chicken, mushrooms **OR** tofu sautéed in our chimichurri sauce topped w/ pickled red onion, avocado, red pepper & scallions....**19.5** **ADD** one more taco +9

**FIESTA** chili rubbed grass-fed steak sautéed w/ shishito peppers & red onion served w/ a roasted garlic spread & a red peppers crema....**19.5** **SUB med mushrooms to make** **V** **ADD** one more taco +

**NAAN MI** chicken satay, red pepper crema, pickled carrots, cucumber, radish, fresh herbs & lime...**19**

### K.O. SANDWICHES

**TURKEY CLUB** our house roasted turkey breast paired w/ uncured heritage bacon, avocado, strawberry mayo & lettuce served on our Everything Seeded Bread w/ choice of salad or wedges...**18** +**SUB** turkey bacon +2

**THE REAL K.O.** our herb roasted chicken breast, nitrate free heritage bacon, avocado, red cabbage & KOs ranch dressing on our everything seeded bread...**16**

**HONEY MUSTARD TURKEY SANDWICH** house roasted & sliced turkey breast, KITCH honey mustard dijonaise, lettuce, tomato, pickled red onion, choice of bread...**16**  
+ add turkey bacon 6 +add bacon 5

**V FARMERS MKT** fresh veggies & K.O. classic hummus served on our homemade focaccia bread...**13.5**

**CHICKEN PESTO** herb roasted chicken breast tossed in KO pesto (contains walnuts), roasted red peppers, sun dried tomato aioli served on our focaccia...**18.5**

**BISON BURGER** ground bison folded w/ caramelized onions served w/ a radish cashew cream, lettuce & tomato on our KITCH Pita. w/ pickles & a choice of sweet potato or russet wedges....**21.5**

**BLACKENED CHICKEN** blackened chicken breast served w/ a key lime aioli, bread & butter pickles & salad greens w/ your choice of side. served on our KITCH pita....**19.5**

**V BLACKENED LIONS MANE** blackened lions mane mushroom "steak"(two river mushroom co.) w/ a key lime aioli, bread & butter pickles & salad greens. Served on our KITCH pita w/ your choice of side....**17.5**

**V WHITE BEAN BURGER** served on our KITCH pita w/ a vegan aioli, spicy cucumber salad w/ your choice of side...**17**

**V TOFU PESTO** sliced extra firm pressed tofu w/ KO pesto (contains walnuts), roasted red peppers, sun dried tomato aioli served on our focaccia...**17**

Some of our foods may contain tree nuts. Please let us know if you have allergies or sensitivities to any of our ingredients.



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WIFI PASSWORD: KitchOrg777  
ALL PRICES & MENU ITEMS ARE SUBJECT TO CHANGE